

Cycling and Society Symposium 2024: Porto



Outline Programme

	Monday 9th September
9:00	Coffee
9:30	Opening
10:00	1st Parallel Sessions: Education I / Education II
11:15	Coffee
11:30	2nd Parallel Sessions: History & Logistics / Children
12:45	Lunch
14:30	3rd Parallel Sessions: Ecology & Design / Policy
15:45	Coffee
16:15	Round up Session
17:30	Social Cycle
19:30	Dinner

	Tuesday 10th September
9:00	Coffee
9:15	Dynamic Discussion: Our ways out of the caves of culture
11:30	Coffee
11:45	4th Parallel Sessions: Children / Culture
13:00	Lunch
14:30	5th Parallel Sessions: Policy / Culture
15:45	6th Parallel Sessions: Gender & Diversity / Advocacy & Inclusion
17:00	Coffee
17:15	Closing round up, See you soon
17:45	<i>Porto de Honra (Reception)</i>

Please note: This is a provisional programme and is subject to changes. A final programme will be released in September.

Detailed Programme

Socials

Sunday, 8th September, evening

Welcome gathering, in a central location (details will be provided, later on, estimated time: 19:00). This is an optional activity, for those of you who arrive on Sunday and feel up to joining us for drinks and/or an informal dinner.

Monday, 9th September

17:30 – Social Cycle

For this bike ride, we will have a police escort due to potential legal issues arising from a significant number of participants and the limited cycling infrastructure in Porto.

The organization has arranged for bike rentals. However, depending on the number of registrations received by the deadline, we might not be able to guarantee bikes for everyone.

19:30 – Dinner in *Casa Agrícola*, restaurant in a central location with vegan options (details will be provided, later).

Catering – Coffee Breaks and Lunch at the venue. All meals vegan and vegetarian.

Sessions

Tuesday, 10th September, 9:15 – 11:30 Dynamic discussion: Embody Activism!

“Humanity is literally, metaphorically, and categorically in motion as never before, and yet, the epistemologies of movement are little understood; movement is seen as a means to an end rather than a fundamental organizing mechanism of perception and understanding” (O’Gorman, 2018:1).¹

This is an optional activity, which includes somatic work, and thus, the maximum limit of participants is 30 people. If you want to enjoy this experience, enroll here, by 4th September: <https://forms.gle/UYcRohWiL4cQRj1M6>

Our ways out of the caves of culture

Short summary

The caves of culture are a metaphor for the current state of urbanization dominated by motorization, marked by urban sprawl and automobile dependency.

So, the caves represent this state of «pre-history»² from which we need to come out, if humanity intends to last and live with minimum wellbeing. They represent the resistance to change in our cultural patterns, in our institutions.

Civil society organizations advocating for active mobility, particularly by bicycle, and engaged researchers have proposed ways to come out of these caves, both to politicians and government representatives and to communities. So, this is a provocation to experience our caves and collectively, embodiedly, reimagine the ways to get out of them!

Broader conceptualization

The caves of culture are a metaphor for the current state of urbanization dominated by motorization, marked by urban sprawl and automobile dependency, particularly in Portugal. As all residents of similar urban areas know and feel it in their senses, in their daily lives, this scenario is harmful to human health, in several different ways, causing respiratory and cardiovascular

¹ O’ Gorman, Róisín (2028). Can Your Jellyfish Sing?: “Tentacular” Moves From Individual Embodiment to the Planetary, Global Performance Studies, available at: <http://gps.psi-web.org/issue-2-1/can-your-jellyfish-sing>

² Depreciative term to signify the beginnings of human species, which we apply with that tone only to our current age, once it is causing huge harm, it needs to be altered and become a memory of the past.

diseases, as well as affecting our mental health and wellbeing. For the same causes which harm our respiratory system, the caves are harmful to the equilibrium of the ecosystems.

It also harms the sense of community and shared space, hence the road is more often a place of competition, instead of cooperation, and the roads occupy most of our public space. More space for roads, less space for trees, less space to breathe freely. Less space to live and enjoy time alone or together with family and friends, in the landscapes of our areas of residence. Less space to notice and share with our neighbors what concerns us in our neighborhoods.

So, the caves represent this state of «pre-history» from which we need to come out, if humanity intends to last and live with minimum wellbeing. They represent the resistance to change in our cultural patterns, in our institutions, which for instance, despite defining a National Cycling Strategy have not taken concrete measures to execute it.

Civil society organizations advocating for active mobility, particularly by bicycle, as well as engaged researchers, to some extent, have proposed ways to come out of these caves, both to politicians and government representatives and to communities. Therefore, we invite you to embody this experience through somatic practice and reflect about it with us, sharing your experiences of cycling promotion activism, and professional intervention and the knowledge developed through it.

For this dynamic discussion, given the characteristics of somatic work, the maximum limit of participants is 30 people. So, please, if you want to enjoy this experience, enroll here, by 4th September: <https://forms.gle/UYcRohWiL4cQRj1M6>

Round Up Sessions

At the end of each day, we want to have a round up to highlight the main points of discussion explored in the different Parallel Sessions, as well as in the Dynamic Discussion, and reflect on the connections between them.

We invite participants to volunteer by sending an email to cyclingandsociety@gmail.com if you would like to share your notes with the session moderators.

Porto de Honra

Literally translated as "Port of Honor," this ceremony is a traditional celebration meant to honor and commemorate a special moment by sharing Port Wine together.

Parallel Sessions

Monday 9th September

10:00h – 11.15h | 1st Parallel Sessions

Education - Session I	Education - Session II
<p>Velomobilities in learning processes. Making sense of cycling in a higher education institution, in a context of dominant automobility. Authors: Vera Diogo, Carina Coelho & Inês Teixeira Institution: School of Higher Education, Polytechnic Institute of Porto.</p>	<p>Ebikes as an opportunity to replace car trips among parents of school-aged children. Authors: James Green <i>et al.</i> Institution: Health Research Institute and School of Allied Health, University of Limerick.</p>
<p>Sustainable Mobility Urban Plans or Action Plans in Higher Education Institutions. Author: Rita Ferreira Institution: Information Management School, Nova University of Lisbon.</p>	<p>Learning to cycle: the secret of the balance bike. Authors: Cristiana Mercê, David Catela, Rita Cordovil, Marco Branco (Online) Institution: Higher Education School of Sports of Rio Maior, Polytechnic Institute of Santarém.</p>
<p>Routing and being routed: perspectives on learning the urban cycling landscapes. Authors: Margerita Cisani & Davide Papotti (Online) Institutions: University of Padova, University of Parma</p>	<p>The public wants what the public gets: exploring a capabilities approach to identifying cycle design principles. Author: Justin Spinney Institution: University of the West of England.</p>
<p>Learning to cycle. A pooled analysis of people from nine countries following a person-centered approach. Authors: Isaac Estevan, Rita Cordovil <i>et al</i> Institutions: University of Valencia; Faculty of Human Motricity, University of Lisbon.</p>	<p>Lessons from TandEm: The Power of Empowering Women to Teach other Women Cycling. Author: Daniela Abril Gutierrez (Online). Institution: BYCS</p>

14:30h – 15:45h | 2nd Parallel Sessions

History & Logistics	Children
<p>Cycle repair and the future of repair education. Authors: Angel York & April Wick (Online) Institution: Bike! Bike! Everywhere!</p>	<p>THIS IS NOT A CHILDREN'S BOOK. Authors: Gabriela Araújo & Liliana Madureira (dynamic book presentation) Institution: Bicicultura</p>
<p>What have we learned from the Hi-BicLab research project - a history lab for sustainable urban (velo)mobilities in Lisbon? Author: M. Luísa Sousa Institution: Nova University of Lisbon.</p>	<p>Learning to Cycle: Exploring Mass Proportion of Child-Bicycle Set for Front and Rear Wheels. Authors: Mafalda Bernardino & Cristiana Mercê (Online). Institution: Higher Education School of Sports of Rio Maior, Polytechnic Institute of Santarém</p>
<p>Work by pedals: Urban transformation and cycling-based delivery workers in Stockholm, 1930-1960. Author: Jens Alm & Alexander Paulsson Institutions: The Swedish National Road and Transport Research Institute, Lund University.</p>	<p>The first steps: Radical children's literature and new urban imaginaries. Author: Peter Füssy Freelancer</p>

<p>Urban policy networks as accelerators for sustainable transitions? Opportunities and barriers for cycle logistics advocates within local freight networks. Author: Annika Otto Institutions: The Swedish National Road and Transport Research Institute / Lund University.</p>		
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14:30- 15:45 | 3rd Parallel Sessions

Ecology & Design		Policy – Session I
<p>Road Rage and Revolutions: How insurgent cycling can save people and the planet. Author: Damian McIlroy (Online). Institution: Centre for Sustainability, Equality and Climate Action, Queen's University Belfast.</p>		<p>Do we need to talk about active travel? Tensions between, across and within walking and cycling in Greater Manchester. Authors: Graeme Sherriff, Nicholas Davies, David Young Institution: University of Salford.</p>
<p>Bikes and Biodiversity. Author: Donna Cooney Institutions: Dublin Cycling Campaign, Dublin City Council, BYCS.</p>		<p>Evaluation and modelling of factors of traffic noise pollution in selected part of Edinburgh. Author: Benjamin Afuye (Online). Institution: Sustrans.</p>
<p>Cycling in the West of England: Nature, sustainability and wellbeing. Author: Mel Cairns Institution: Centre for Transport and Society, University of the West of England.</p>		<p>An educational cycle ride addressing the air pollution along the hidden Molendinar Burn in Glasgow. Author: Alexandra Michnowicz Institution: European Policies Research Centre, University of Strathclyde.</p>
<p>Probabilistic Modelling of Risks of Cycling Accidents: A case study of Greater Manchester. Authors: Arkadiusz Wiśniowski, Diego A.P. Ruiz, Tigran Sogomonian & Luis Ross Perez Institution: The University of Manchester</p>		<p>Active Travel Facilities for the Aging Population. Authors: Ruth Van Ry & Matt Pierce (Online). Institution: Sustrans</p>

Tuesday 10th September

11:45h – 13h | 4th Parallel Sessions

Children – Session II	Culture - Session I
<p>Awareness of Impact by Digital Education Tools !? - the Example of "Bike to School". Authors: Jana Kuehl & Moritz Michael. Institution: Ostfalia University of Applied Sciences.</p>	<p>Sustainability doesn't offer an immediate return': are cycling advocacy discourses barking up the wrong tree? Author: Gail Jennings Institution: University of Cape Town</p>
<p>Governmental programs for cycling to school: the rise of top-down bikebuses in Portugal until 2023-24. Authors: Luís Vieira & Ricardo Sobral Institution: Bicicultura</p>	<p>Cyclists in the media: heroes or idiots? Author: Matej Praprotnik Institution: BYCS</p>
<p>How to give children autonomy to cycle in the city – the role of municipalities. Author: Ana Fernandes (to be confirmed)</p>	<p>The grief cycle: Investigating the influence of cycling on grief outcomes in individuals who have experienced a bereavement. Author: Harriet Wingfield (Online). Institution: Sheffield Hallam University.</p>
<p>PéPedal - Active School Mobility Program. Authors: Joana Ivónia & Maria Miguel Galhardo Institution: Ciclaveiro</p>	

14:30h – 15:45 | 5th Parallel Sessions

Policy- Session II	Culture – Session II
<p>Generating evidence to increase the equity of schemes to access cycling: perspectives from the Irish context. Author: Louise Fouley, Yvonne Ryan, Abhilash Singh, James Green (Online). Institution: Health Research Institute and School of Allied Health, University of Limerick</p>	<p>Analysis on commuting cycling practices among Portuguese with an immigration background in Switzerland. Author: Andreia Dinis Pinto Institution: University of Lausanne</p>
<p>Socio-Cycle as a case study: The role of community-engaged research in changing mobilities thinking. Authors: Eileen Hogan & Beci Jeffers Institution: University College Cork</p>	<p>Learning to cycle: a cultural and generational approach. Authors: Rita Cordovill & Cristiana Mercê Institution: Higher Education School of Sports of Rio Maior – Polytechnic Institute of Santarém</p>
<p>Linking cycling and transit as the only chance to reach sustainability in metropolitan mobility systems. Author: Manuel Calvo (Online). Institution: EstudioMC</p>	<p>How does a city's cycling culture influence its citizens' use of the bicycle as a means of transport? Author: Bauduin Ségolène Institution: UC Louvain</p>
<p>"... we can change how we live:" Transformation through transportation in a Starter Cycling City. Authors: Eileen Hogan & Beci Jeffers. Institution: University College Cork</p>	<p>Against Biciplanism. Author: Jean Soares Institution: Bicircular</p>

15:45h – 17:00 | 6th Parallel Sessions

Gender & Diversity	Advocacy & Inclusion
<p>Todas en Bici: finding common ground for inclusive cycling. Authors: Clement Rames & Mireia Carbassé Institution: aquí SCCL</p>	<p>Sustainability transitions in practice: the role of social movements in shaping sustainable mobility councils' policies in Brazil and Portugal. Author: Cauê Martins Rios Institution: University of Porto</p>
<p>Empowering women to cycle in Ireland. Authors: Ruth Van Ry & Kathleen Jacobi (Online). Institution: Sustrans</p>	<p>Deconstructing mobility - experiences of citizen action for a more resilient city. Authors: Abel Coentrão; Lurdes Adriano; Pedro Macedo; Sara Rocha Institution: Centro do Clima/ Centre for Climate</p>
<p>Effects of individual characteristics on risky cycling behaviour, mediated by cycling anger experience and expression among Brussels and Flemish adult cyclists: Testing a mediated model in a rural and urban environment. Authors: Bas de Geus <i>et al.</i> Institution: UC Louvain</p>	<p>Autistic Cyclists as joyous advocates. Author: Will Tuladhar-Douglas (Online). Institution: Situgyan Consulting Ltd.</p>
<p>Learning to Cycle: Is the angular momentum of the bike wheels a control parameter for cycle patterns? Authors: Mafalda Bernardino & Marco Branco (Online). Institution: Higher Education School of Sports of Rio Maior, Polytechnic Institute of Santarém</p>	<p>Interventions for cycling inclusion: cycling initiatives for an inclusive mobility transition in the EU. Author: Dag Balkmar (Online). Institution: School of Humanities, Education and Social Sciences, Örebro University</p>